

BAUER  
MEDIA  
COVID-19  
REPORT #4  
**6 WEEKS LATER:  
THERE'S NO PLACE BUT  
HOME**



MEDIA GROUP

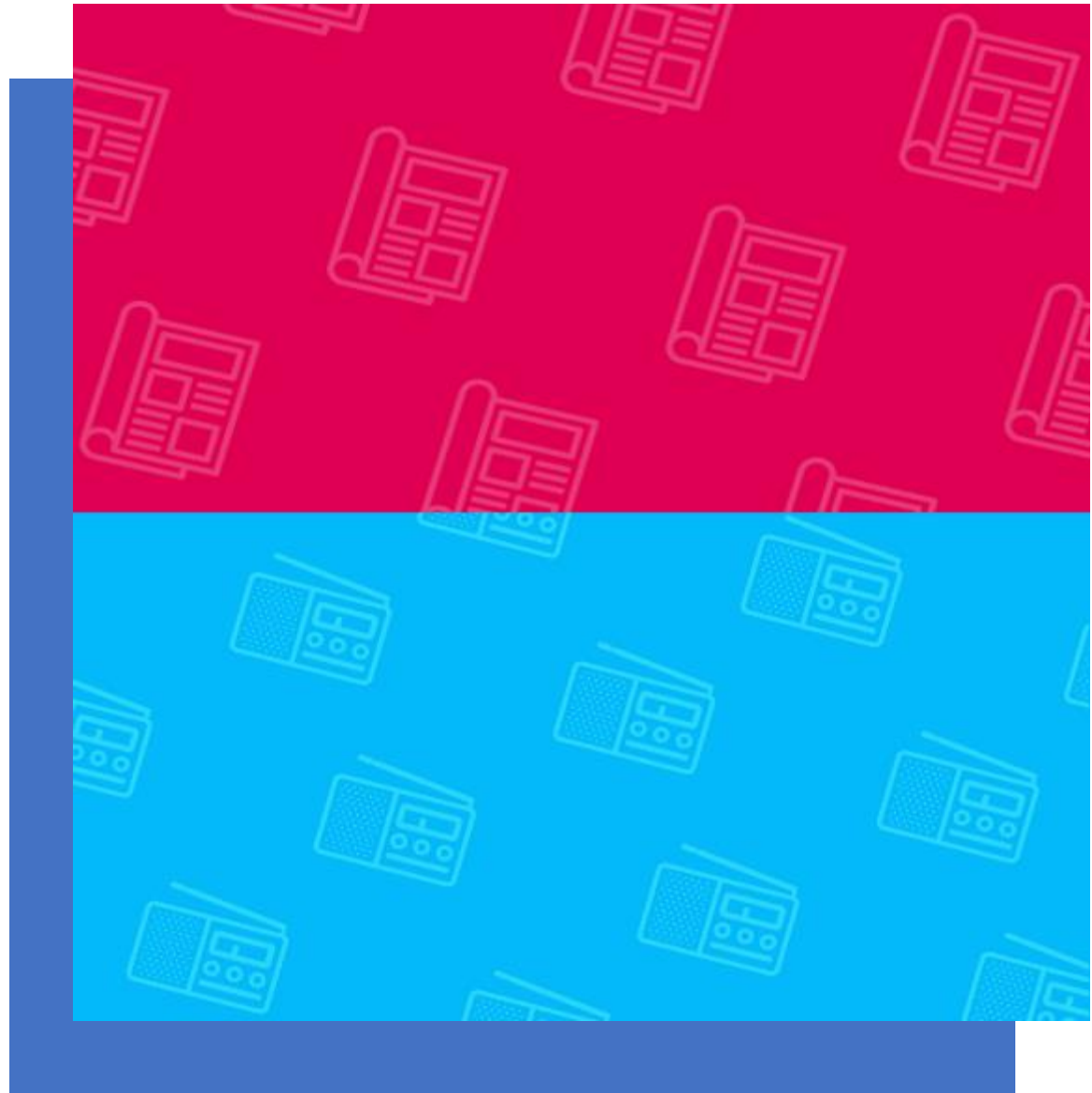
# BAUER INSIDERS: COVID19 INSIGHT #4 w/c 27<sup>TH</sup> APRIL

## WELCOME TO THE LATEST BAUER MEDIA COVID-19 UPDATE

This report provides a detailed look at how the UK is reacting to living in lockdown, xxxx

**METHODOLOGY:** Data in this report was gathered between 24<sup>th</sup>-27<sup>th</sup> April on the Bauer Media Insiders panel. The data is compared to the first wave which was gathered on between 19<sup>th</sup>-22<sup>nd</sup> March. The data has been weighted to be nationally representative (weighted on gender, age, social grade & region), with a sample size of 1198.

**THE BAUER INSIDERS:** c. 5,500 Bauer consumers have opted to become the Bauer Insiders - a community which receive regular surveys which provide invaluable insight into all aspects of their lives. The Bauer Insiders consume a wide range of Bauer Media's brands across digital, radio, print, TV & events. During lockdown we are contacting them bi-weekly to gain timely audience insights reflecting the changing attitudes, behaviour & media consumption of our locked-down audiences.





# 6 WEEKS LATER: LOCKDOWN REALITY BITES



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Thank you to our amazing NHS staff #thankyouNHS



CURRENCY EXCHANGE



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10 10

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Upper Circle

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# GETTING INTO A NEW ROUTINE IS HARDER THAN PEOPLE INITIALLY THOUGHT BUT OVERALL CONCERNS HAVEN'T GROWN SIGNIFICANTLY

## NEW ROUTINES

AT THE START OF  
LOCKDOWN

69% CONFIDENT



6 WEEKS LATER

59% SATISFACTORY



25% ON THE  
FENCE

29% ON THE  
FENCE

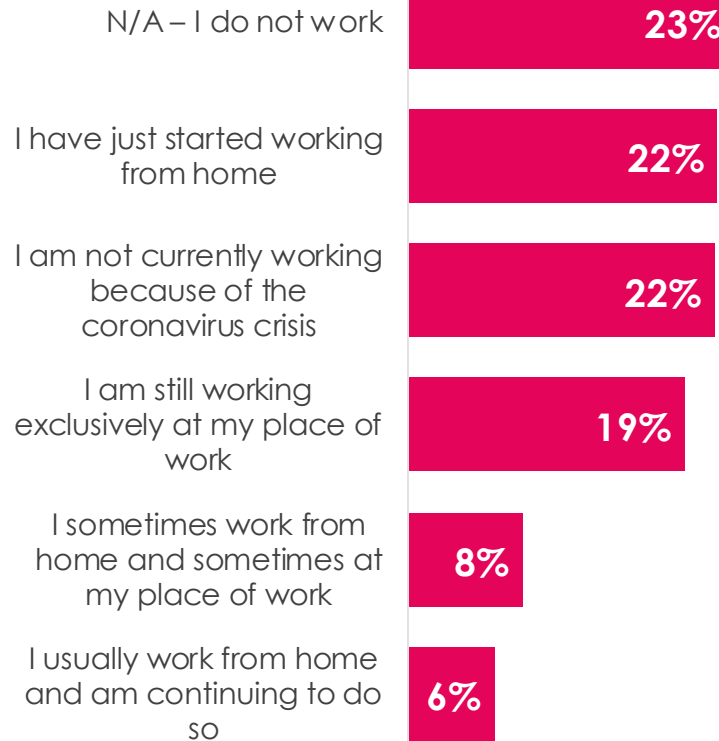
7% NOT CONFIDENT



13% UNSATISFACTORY

PEOPLE WERE CONFIDENT AT THE BEGINNING OF LOCKDOWN THAT THEY WOULD BE ABLE TO CREATE NEW ROUTES – 6 WEEKS LATER THEIR NEW ROUTINES ARE LESS SATISFACTORY THAN THEY IMAGINED

## NEW WORKING PATTERNS



+15%  
SINCE PRE-  
LOCKDOWN

## SAME CONCERNS

88%

Are **concerned** about coronavirus compared to 85% pre-lockdown

1 in 3

think the **government's response is poor** compared to 23% pre-lockdown

79%

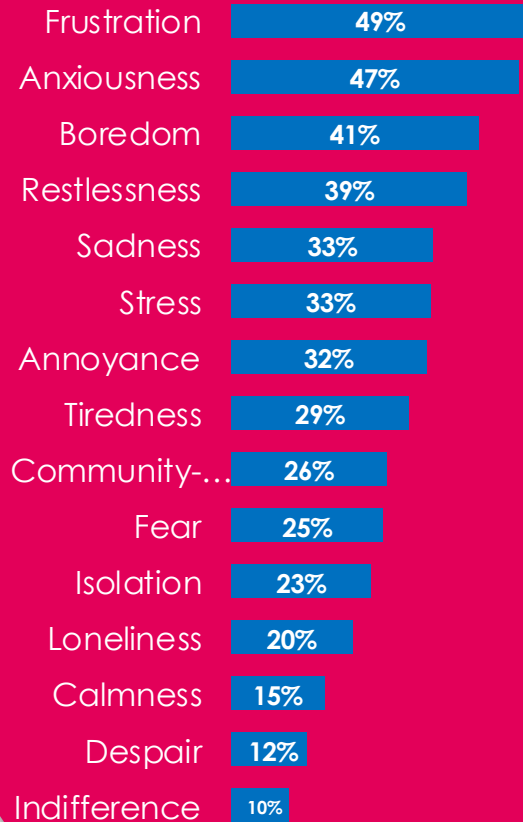
Working predominantly at home or not working at all due to covid-19



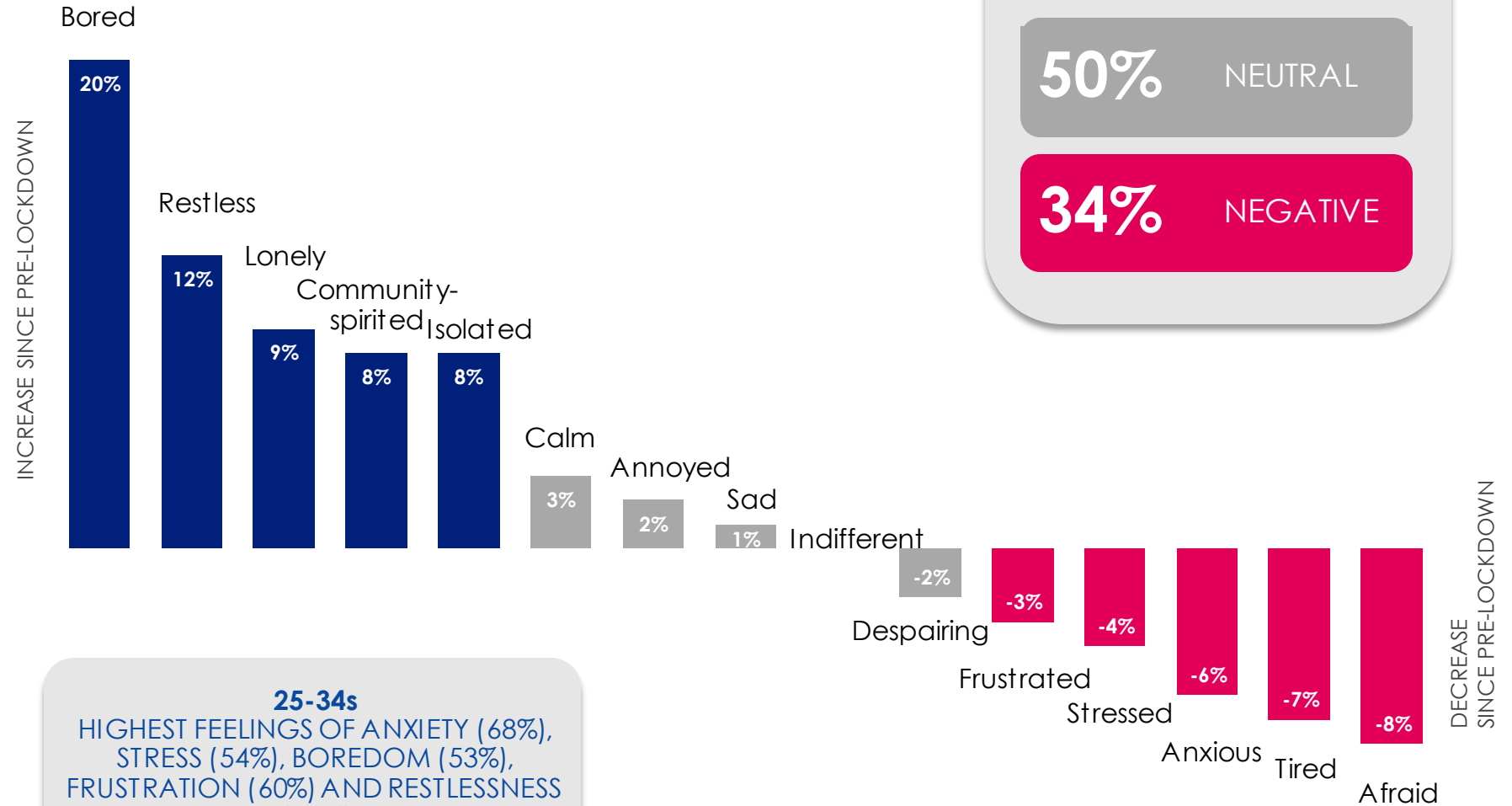
# IT'S PROVING TO BE AN EMOTIONAL ROLLERCOASTER

OVERALL PEOPLE APPEAR TO BE LESS TIRED, STRESSED & AFRAID THAN PRE-LOCKDOWN AS THEY ADJUST TO LOCKDOWN LIFE BUT ARE INCREASINGLY BORED & LONELY

## FEELINGS ABOUT THE CRISIS



## SHIFT IN EMOTIONS SINCE PRE-LOCKDOWN



## EMOTIONAL IMPACT OF LOCKDOWN

16% POSITIVE

50% NEUTRAL

34% NEGATIVE

# THE DAILY STRUGGLES OF LOCKDOWN

LOCKDOWN IS TAKING ITS TOLL ON PEOPLE'S MENTAL & PHYSICAL WELLBEING – THE BIGGEST CHALLENGES ARE AROUND UNCERTAINTY ABOUT HOW LONG THIS WILL LAST, LACK OF FREEDOM AND SOCIAL CONTACT

## FEELING POWERLESS



**89%**

not knowing  
when it will end  
**32%** a major challenge/  
almost impossible

**82%**

lack of freedom/  
independence  
**25%** a major challenge/  
almost impossible

**74%**

lack of control/  
feeling powerless  
**18%** a major challenge/  
almost impossible

## LACK OF HUMAN CONTACT



**80%**

lack of  
social contact  
**18%** a major challenge/  
almost impossible

**64%**

isolation  
**18%** a major challenge/almost  
impossible

**50%**

loneliness  
**8%** a major challenge/almost  
impossible

## IMPACT ON MENTAL HEALTH



**71%**

stressed/  
feeling nervous  
**18%** a major challenge/  
almost impossible

**64%**

anxiety  
**18%** a major challenge/  
almost impossible

**52%**

depression  
**13%** a major challenge/  
almost impossible

## IMPACT ON PHYSICAL HEALTH



**59%**

not getting  
enough exercise  
**13%** a major challenge/  
almost impossible

## WORK/LIFE IMBALANCE



**38%**

not being able  
to switch off  
from work  
**7%** a major  
challenge/  
almost impossible



A child is sitting on a grey sofa in a room with large windows. The windows are covered with long, multi-colored curtains that resemble a rainbow. The child is wearing a yellow shirt and dark shorts. The room has a cozy, lived-in feel with patterned cushions on the sofa.

6 WEEKS LATER:  
**WHAT'S GOING  
ON INDOORS?**



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# LOCKDOWN COMPANIONS, **HARMONIOUS** HOUSEHOLD?

PEOPLE PREDOMINANTLY SHARE THE HOME WITH OTHERS & HALF ARE FINDING THIS HARD. AND IT IS EVEN HARDER FOR THOSE LIVING WITH A PARENT AND FOR PEOPLE WITH CHILDREN UNDER 18 WHO ARE FINDING JUGGLING WORK AND CHILDCARE CHALLENGING

## WHO LIVES IN THE LOCKED-DOWN HOUSEHOLD



**60%**  
PARTNER



**17%**  
LIVE  
ALONE



**17%**  
PARENT



**14%**  
CHILD  
0-10



**13%**  
ADULT  
CHILD

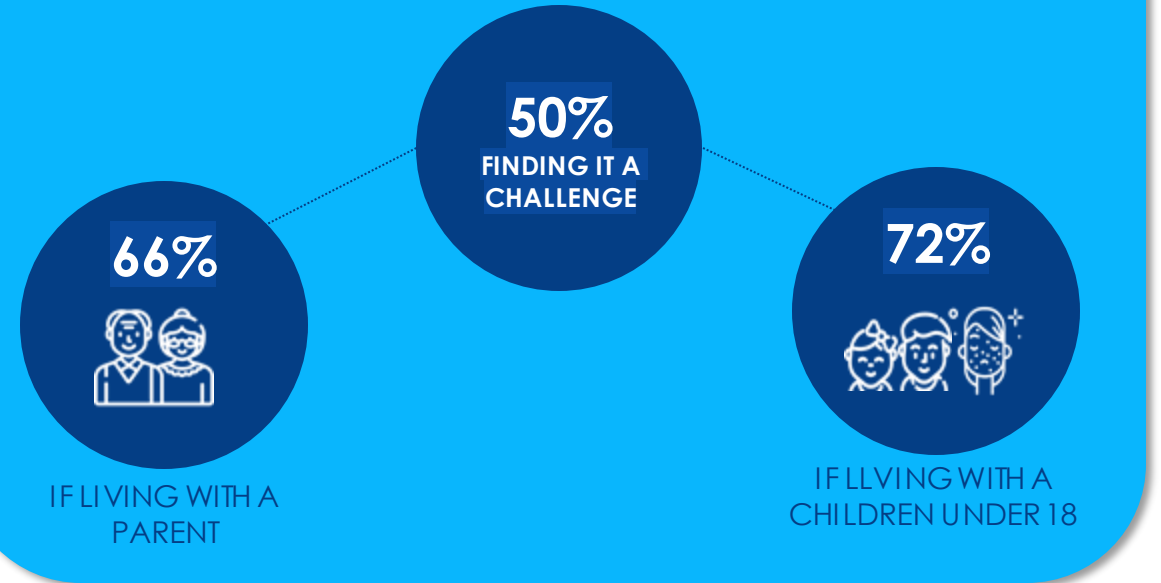


**13%**  
TEENAGE  
CHILD



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## FRUSTRATIONS WITH HOUSEHOLD MEMBERS



## CHILDCARE CHALLENGES

**41%**  
ARE FINDING IT A  
CHALLENGE TO LEARN  
NEW PARENTING SKILLS



**44%**  
ARE FINDING IT A  
CHALLENGE TO BALANCE  
WORK & CHILDCARE



# KEEPING BUSY, KEEPING POSITIVE, KEEPING BOREDOM AT BAY

## OUTDOOR ACTIVITIES



**61%**

WALKING  
(+7%)

**11%**

RUNNING  
(+1%)

**27%**

OTHER  
EXERCISE/SPORT  
(+0%)

**11%**

BIRD WATCHING  
(+2%)

## HOMES & GARDEN



**52%**

SPRING CLEANING  
(+1%)

**28%**

DIY  
(+2%)

**48%**

GARDENING  
(+14%)

**23%**

HOME  
IMPROVEMENT  
(-7%)

## ENTERTAINMENT



**63%**

READ BOOKS (-3%)

**34%**

SUBSCRIBE TO A TV  
STREAMING SERVICE  
(+10%)

**38%**

READ  
MAGAZINES (+4%)

**9%**

RENT FILMS TO  
WATCH ON TV (-17%)

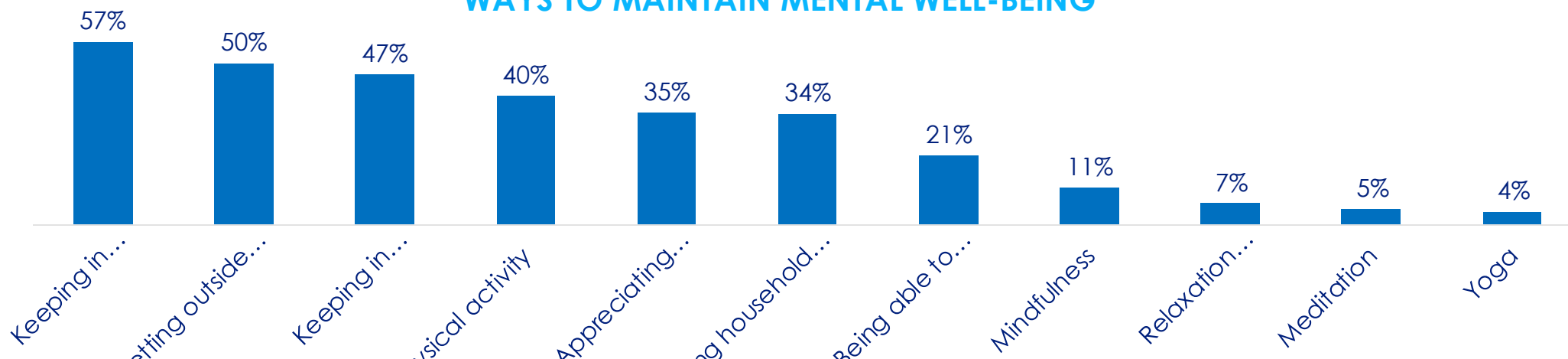
**5%**

DOWNLOAD A  
DIGITAL MAGAZINE

**39%**

ENTERING  
COMPETITIONS

## WAYS TO MAINTAIN MENTAL WELL-BEING



# TIME TO ESTABLISH NEW HABITS?

NEARLY 60% CLAIM NOT TO HAVE DONE ANYTHING NEW SINCE LOCKDOWN STARTED

**58%**  
NO NEW HABITS

**42%**  
NEW BEHAVIOURS

19%

GOOD  
HABITS

18%

TRIED  
SOMETHING  
NEW

10%

NEW  
SKILLS

13%

BAD  
HABITS

**82%**

INTEND TO CARRY ON  
WITH NEW BEHAVIOURS  
AFTER LOCKDOWN

## NEW LOCKDOWN BEHAVIOURS

garden things alcohol skills course  
cooking eating online  
DIY home language guitar daily  
walking time

"DRINKING  
MORE ALCOHOL  
THAN NORMAL"

"COOKING MORE  
ADVENTUROUSLY"

"LEARNING A  
NEW LANGUAGE  
AND COMPUTER  
SKILLS"

"BAKING  
AND COOKING  
SKILLS"

"DIY SKILLS,  
FIXING MORE  
THINGS MYSELF"

"RUNNING  
OUTSIDE MORE"

"GOING  
WALKING  
EVERYDAY"

"EATING TOO  
MUCH"



# IMPACT OF LOCKDOWN ON THE **CONSUMER PURCHASE JOURNEY**

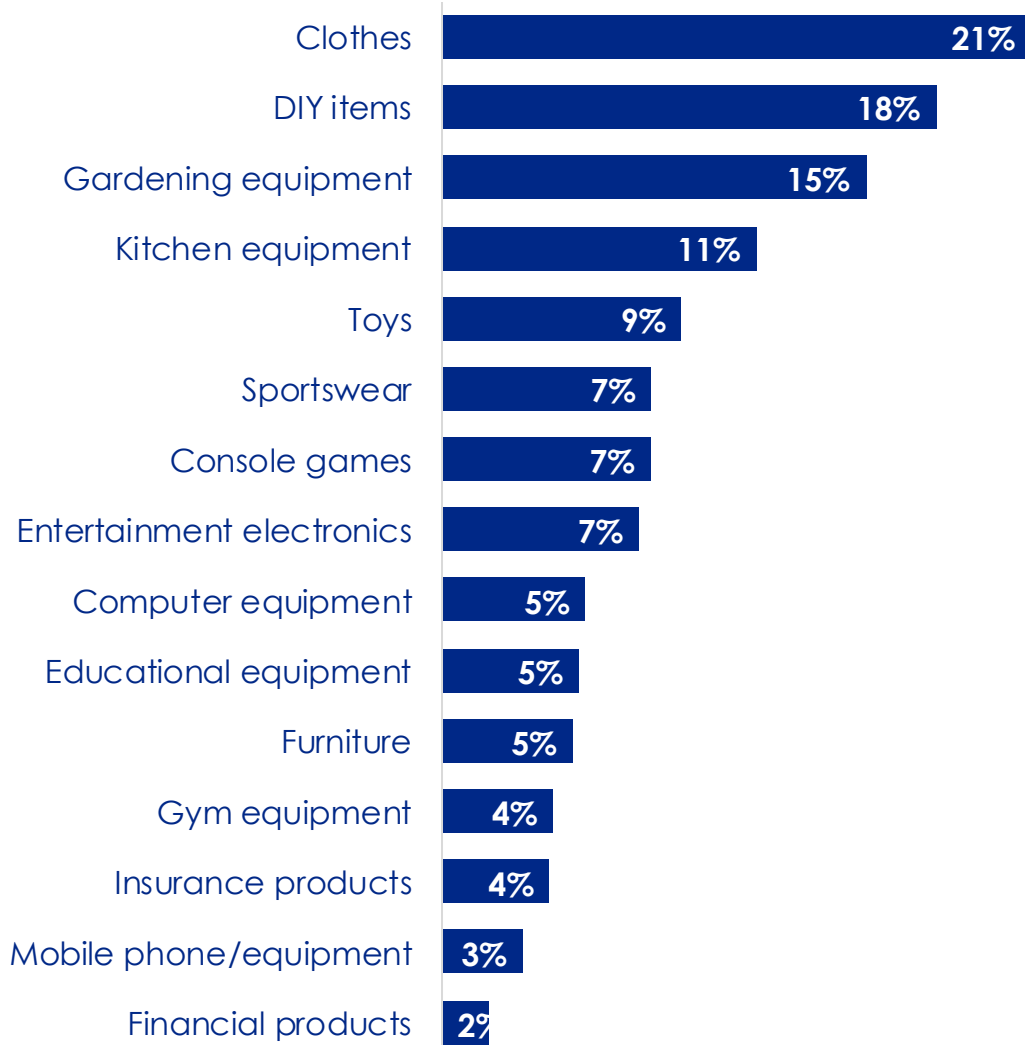


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# CHANGING BUYING BEHAVIOUR IN LOCKDOWN

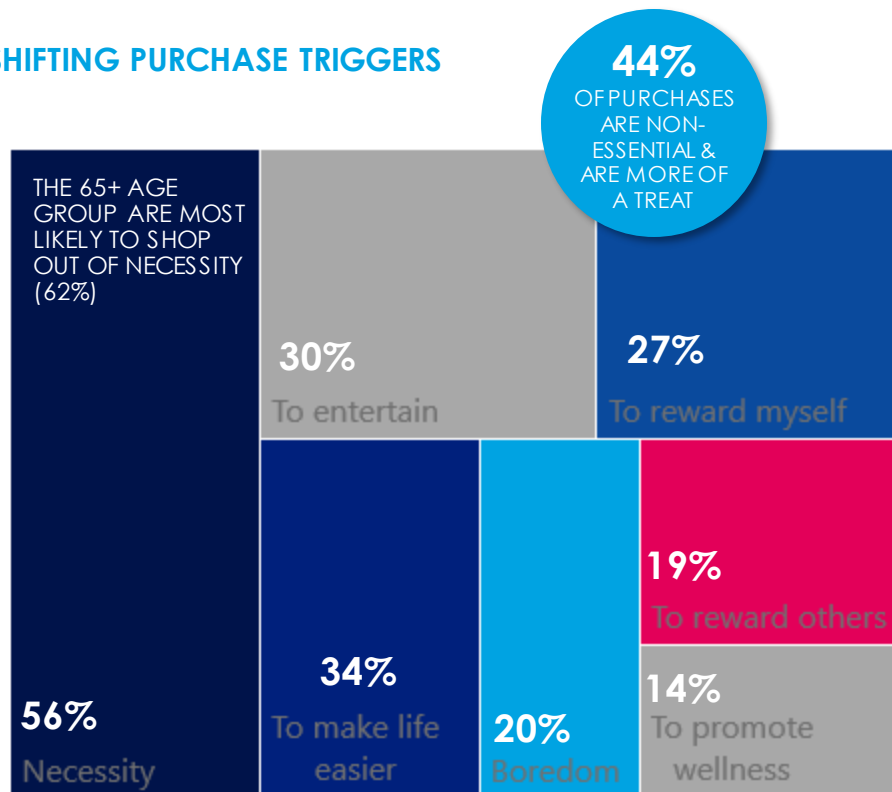
DESPITE BEING AT HOME PREDOMINANTLY, PEOPLE ARE STILL BUYING CLOTHES. MOST OTHER PURCHASES ARE CLEARLY LINKED TO BEING ON LOCKDOWN





# A NEW CONSUMER BUYING JOURNEY?

## SHIFTING PURCHASE TRIGGERS



## LONGER RESEARCH PHASE

32%

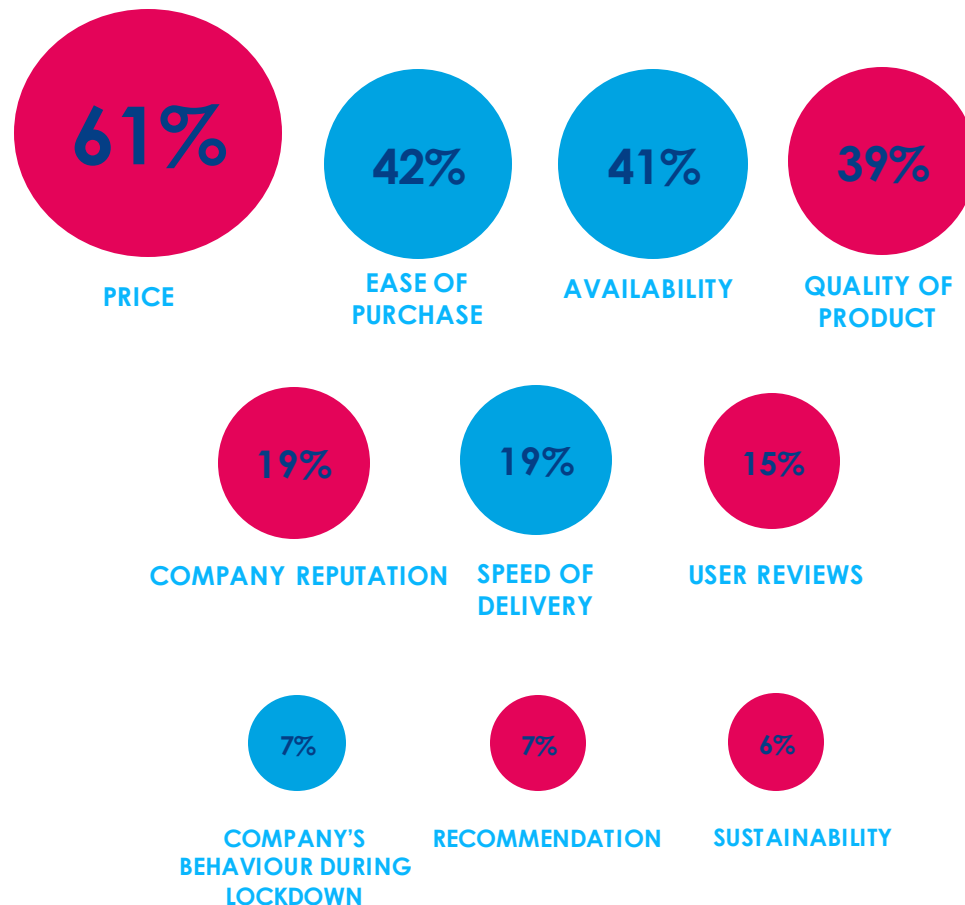
TAKE LONGER TO RESEARCH WHAT TO BUY THAN THEY WOULD HAVE DONE PRIOR TO LOCKDOWN

SPENDING LONGER ON SPECIFIC ITEMS...

63% - EDUCATIONAL EQUIPMENT  
59% - KITCHEN EQUIPMENT  
52% - DIY ITEMS  
52% - ENTERTAINMENT ELECTRONICS

## NEW CONSIDERATIONS

ALONGSIDE USUAL REASONS FOR CONSIDERATION SUCH AS **PRICE & QUALITY**, LOCKDOWN HAS MADE OTHER CONSIDERATIONS SUCH AS **EASE OF PURCHASE, AVAILABILITY AND SPEED OF DELIVERY** MORE IMPORTANT.



## KEY CATEGORY CONSIDERATIONS



### PRICE

MOBILE PHONE/EQUIPMENT (76%)  
SPORTSWEAR (75%)  
CONSOLE GAMES (71%)



### EASE OF PURCHASE

INSURANCE PRODUCTS (59%)  
ENTERTAINMENT ELECTRONICS (54%)  
FURNITURE (54%)



### AVAILABILITY

GARDENING ITEMS (63%)  
DIY ITEMS (61%)



# AFTERTHOUGHTS: WHEN THE CRISIS IS OVER

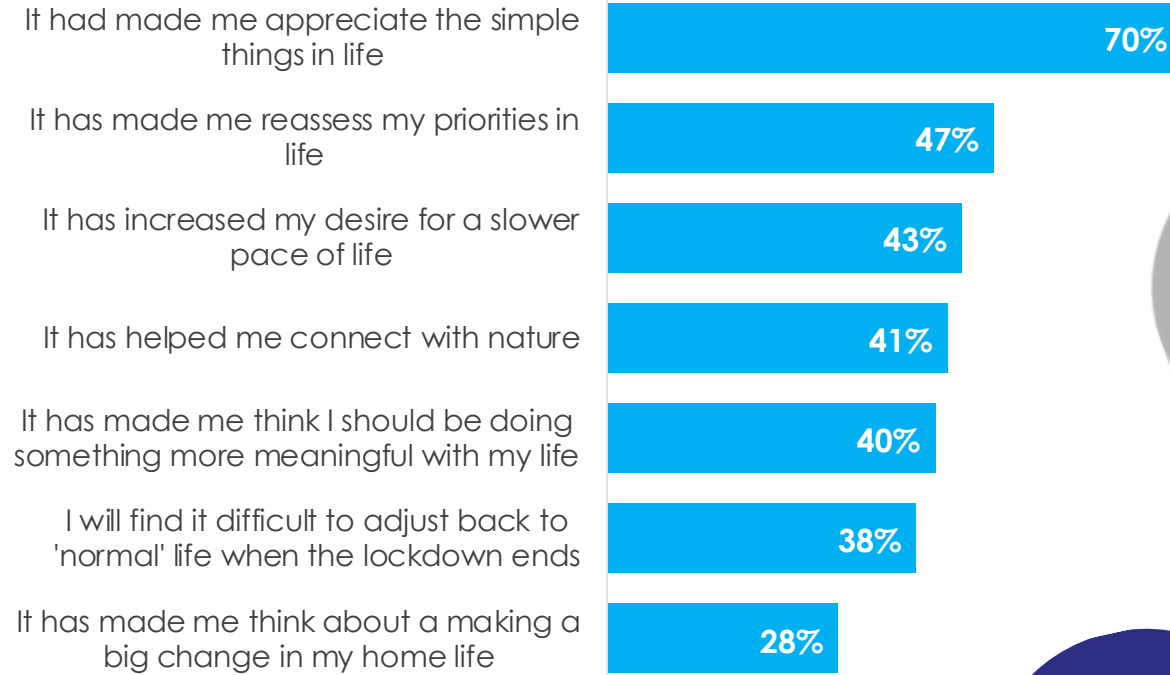


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# LOCKDOWN HAS LED TO A REASSESSMENT OF PRIORITIES & AN APPRECIATION OF THE SIMPLE THINGS

## A SIMPLER LIFE, NEW PRIORITIES



### 35-44s

MORE LIKELY TO BE THINKING ABOUT THEIR PRIORITIES (59%), DOING SOMETHING MORE MEANINGFUL (56%) AND DESIRING A SLOWER PACE (50%)

## MOST LOOKING FORWARD TO

### SEEING FAMILY & FRIENDS

"FEELING LESS ANXIOUS ESPECIALLY WHEN OUT. SOCIALISING WITH FRIENDS AND FAMILY"

"BEING ABLE TO SEE FAMILY, WALK AROUND THE SHOPS AND LOOKING FOR NEW JOB"

"HUGGING FRIENDS AND FAMILY"

### GOING OUT & SPENDING

"EATING OUT AT A RESTAURANT AND GOING CLOTHES SHOPPING WITHOUT HAVING TO QUEUE"

"BEING ABLE TO GO OUT SHOPPING, EATING OUT"

"BEING ABLE TO SHOP NORMALLY"

"GOING FOR A DRINK IN LOCAL PUB"

"GETTING A DECENT HAIRCUT"

### GOING TO EVENTS

"ENJOYING LIVE EVENTS - THEATRE, MUSIC GALLERIES, EATING OUT"

"GOING TO A GIG OR FESTIVAL"

### GOING ON HOLIDAY

"HAVING A SHORT BREAK SOMEWHERE"

"GOING ON HOLIDAY"

# IMPACT ON ATTITUDES TO WORK

A SHIFT IN WORKING PATTERNS HAS LED TO A REVIEW OF NORMAL WORKING LIVES

## LESSONS LEARNED FOR FUTURE WORK

### FLEXIBILITY

"FLEXIBILITY IS KEY. STEPPING UP WITH NEW IDEAS & ALTERNATIVE WORKING METHODS"

"HOW TO WORK MORE FLEXIBLY TO TRY AND ADAPT TO AN EVER CHANGING SITUATION"

"SIMPLER WAYS OF WORKING, THAT I DON'T NEED TO USE SO MUCH PAPER, THAT WORKING FROM HOME MORE OFTEN WOULD BE A GOOD WAY TO BALANCE HOME & WORK LIFE"

### TIME TO QUIT

"I NEED TO SWITCH CAREERS" "I WOULD LIKE A CHANGE"

"I WANT TO DO SOMETHING MORE WORTHWHILE"

"THAT I DON'T GET ANY SUPPORT FROM MY CURRENT EMPLOYERS AND THAT I NEED TO LEAVE THIS JOB FOR MY OWN WELL BEING"

### WORKING FROM HOME

"THE AVAILABILITY TO WORK FROM HOME"

"I CAN WORK FROM HOME EASILY"

"CAN WORK MORE FROM HOME"

"IT IS A GOOD IDEA TO WORK FROM HOME"

### MEETINGS NEED TO CHANGE

"THE LACK OF NEED FOR SO MANY FACE TO FACE MEETINGS"

"REMOTE MEETINGS WASTE LESS TIME AS IT'S EASIER TO MULTI-TASK"

"NO NEED FOR FACE TO FACE MEETINGS IN A ROOM"

"MEETINGS CAN BE SUCCESSFULLY HELD REMOTELY"

## REASSESSING WORK



**27%** "it has made me reassess my work/life balance"

**27%** "it has made me want to change things about my current job"

**26%** "it has made me want to work from home more after the lockdown ends"

**24%** "it has made me think about making a big change in my working life"

**MEN** ARE MOST LIKELY TO BE REASSESSING WORK/LIFE BALANCE (31%) AND WANTING TO CHANGE THINGS ABOUT THEIR JOB (30%)

**35-44s** ARE MOST LIKELY TO BE REASSESSING WORK/LIFE BALANCE (40%) AND WANTING TO MAKE A BIG CHANGE IN THEIR WORKING LIFE (33%)



# A CAUTIOUS RETURN TO NORMAL

WHEN ASKED ABOUT HOW CAUTIOUS THEY ARE ABOUT CERTAIN ACTIVITIES AFTER LOCKDOWN, TRAVELLING ON PUBLIC TRANSPORT, HOLIDAYING OUTSIDE EUROPE AND ATTENDING LARGE SPORTING EVENTS ARE VIEWED WITH THE MOST CAUTION OVERALL WITH HOLIDAYING IN THE UK AND SHOPPING LOCALLY BEING VIEWED AS THE LEAST RISKY ACTIVITIES POST-LOCKDOWN

## THE CAUTION SPECTRUM

MOST CAUTIOUS



LEAST CAUTIOUS

## SHOPPING IS SEEN AS THE LEAST RISKY BUSINESS

### 64% LIVE EVENTS

66% large sports events  
64% concerts  
62% festivals

### 60% GOING OUT

61% the pub  
60% the cinema  
60% the theatre  
58% restaurants

### 59% TRAVELLING

66% holiday outside Europe  
66% holiday in Europe  
65% public transport  
51% weekends away  
48% holiday in the UK

### 53% SHOPPING

62% shopping centres  
56% retail parks  
42% locally



# THE OUTLOOK

THE UNKNOWN HAS LED TO MIXED FEELINGS TOWARDS THE FUTURE BUT MORE PEOPLE ARE OPTIMISTIC THAN PESSIMISTIC

38%

OPTIMISTIC



+3%  
VS PRE  
LOCKDOWN

32%

NEUTRAL



29%

PESSIMISTIC



+4%  
VS PRE  
LOCKDOWN





# BAUER MEDIA COVID-19 REPORT #4 6 WEEKS LATER: KEY THEMES

## THE WAITING GAME

People are not seeing their locked-down days as anywhere near normal but just something to be accepted begrudgingly until they are allowed to return to everyday life.

There is not much more concern around coronavirus than there was just before lockdown on 23<sup>rd</sup> March although there is a decline in confidence in the government's handling of the crisis.

Before lockdown people were confident that they would be able to build new routines but now the novelty has definitely worn off and fewer think that their new routines are satisfactory.

Many people are using the opportunity to learn new skills & try new things that they intend to carry on after lockdown but the majority say that they are not doing anything differently. Many are just waiting it out.

## WE ARE SOCIAL ANIMALS

There are indications that lockdown is having major effect on people's mood and, although overall people are saying that they are less tired, stressed & afraid of the situation 6 weeks in, as they adjust to lockdown life, they are increasingly feeling powerless, bored & lonely.

There is no doubt that lockdown is taking its toll on people's mental & physical wellbeing – the biggest challenges are around uncertainty about how long this will last, lack of freedom and lack of social contact

## PLAYING NICELY

Most people appear to be getting on fine with their fellow locked-down housemates although there are signs that relationships are being tested especially for those living with parents or young children with the added challenges of home-schooling alongside work commitments.

People are finding ways of filling the days with exercise, DIY and various methods of entertainment and are ensuring that they look after their mental health by keeping in contact with friends & family, getting out of the house and a range of relaxation activities.

## EMERGING BUYING BEHAVIOURS

When it comes to shopping for items other than food, many people are buying non-essential products to keep themselves & their locked-down companions entertained and rewarded and to ease their way through these difficult times. This opens up opportunities to advertisers to appeal to these needs of time-filling, treats & rewards.

People have the luxury of time, taking longer to make decisions on purchases and spending longer on researching prior to buying. This offers opportunities for advertisers to target people more frequently during this extended research phase.

Price, quality & value are still important during lockdown but customer service and company values are also key consideration drivers as we are seeing that how companies respond to the crisis is having an impact on purchase decisions.

## THE UNLOCKED WORLD

Lockdown has given people time to reassess and re-evaluate what is important to them and that this will have implications for the future of both their work & home life.

They are looking forward to getting back to the people and things that they love when they are finally allowed out of their homes, whether that is hugging their loved ones, not having to queue to shop, having a holiday or a haircut.

However, they are viewing getting back to their favourite activities with some caution – it seems that, after having to stay at home, staying close to home to shop locally or holiday in the UK - are the next cautious steps that people are prepared to make.

More people are optimistic than pessimistic about the future, they are just eager to know when they will get their freedom back.



# APPENDICES: PURCHASING BY CATEGORY DURING LOCKDOWN

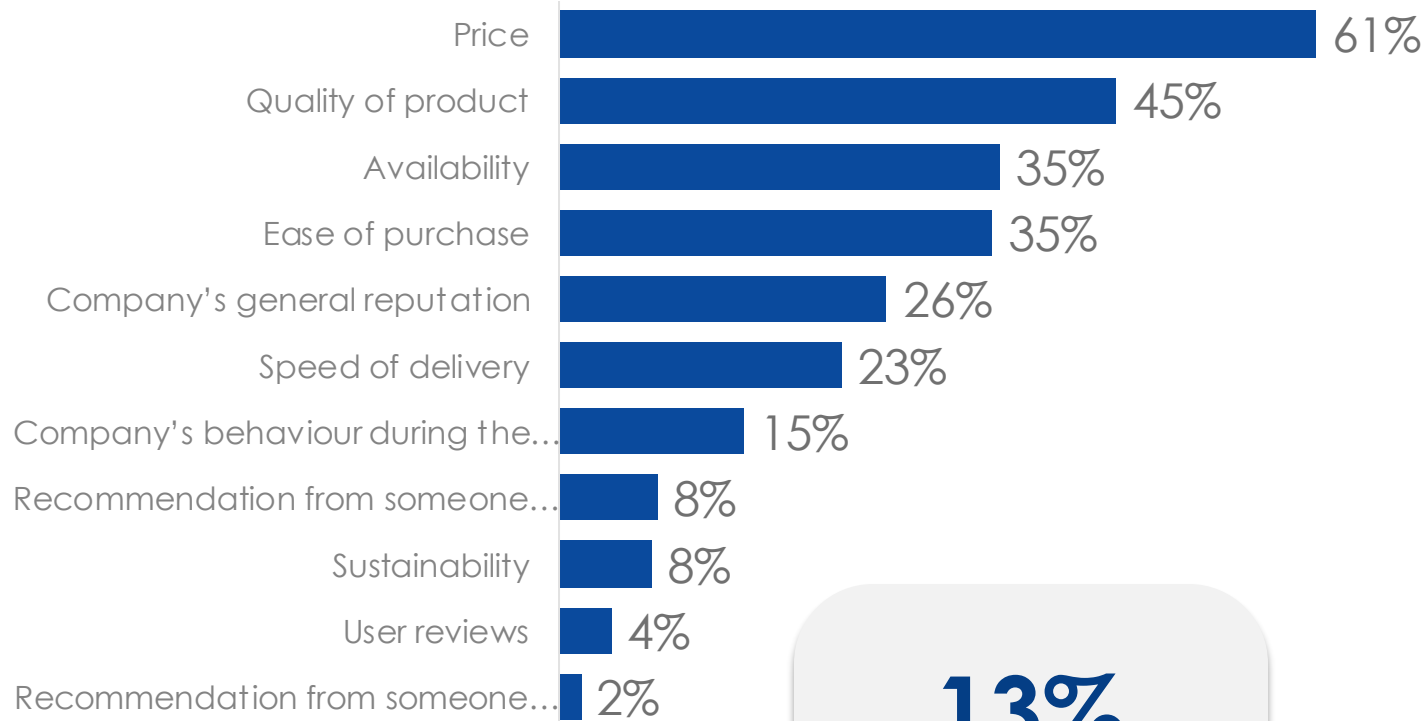


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# CLOTHING PURCHASE CONSIDERATIONS



**41%**  
WHO BOUGHT CLOTHES ARE  
SPENDING LONGER  
RESEARCHING

**13%**  
INTENDED TO BUY PRE LOCKDOWN

**21%**  
HAVE BOUGHT DURING LOCKDOWN





# HOMES & GARDENS

## PURCHASE CONSIDERATIONS

### DIY ITEMS



**52%**

WHO BOUGHT DIY ITEMS  
ARE SPENDING LONGER  
RESEARCHING

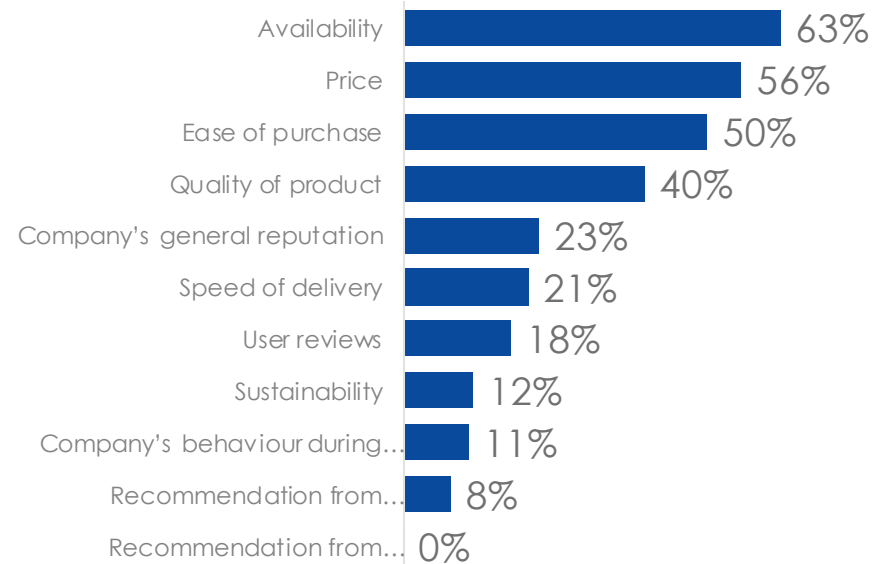
**11%**

INTENDED TO BUY PRE  
LOCKDOWN

**18%**

HAVE BOUGHT DURING  
LOCKDOWN

### GARDENING EQUIPMENT



**36%**

WHO BOUGHT GARDENING  
EQUIPMENT ARE SPENDING  
LONGER RESEARCHING

**12%**

INTENDED TO BUY PRE  
LOCKDOWN

**15%**

HAVE BOUGHT DURING  
LOCKDOWN



# PURCHASE CONSIDERATIONS CHILDREN'S PRODUCTS

## TOYS



**31%**  
WHO BOUGHT TOYS ARE  
SPENDING LONGER  
RESEARCHING

**9%**  
HAVE BOUGHT DURING  
LOCKDOWN

## EDUCATIONAL EQUIPMENT



**63%**  
WHO BOUGHT EDUCATIONAL  
EQUIPMENT ARE SPENDING  
LONGER RESEARCHING

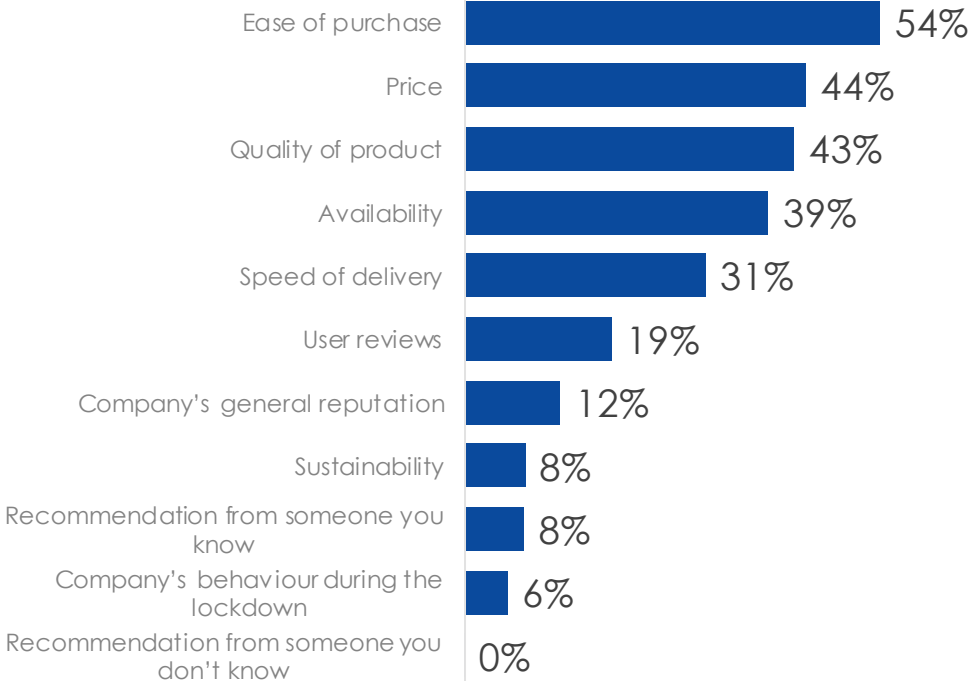
**5%**  
HAVE BOUGHT DURING  
LOCKDOWN



# PURCHASE CONSIDERATIONS

## ENTERTAINMENT & GAMING PRODUCTS

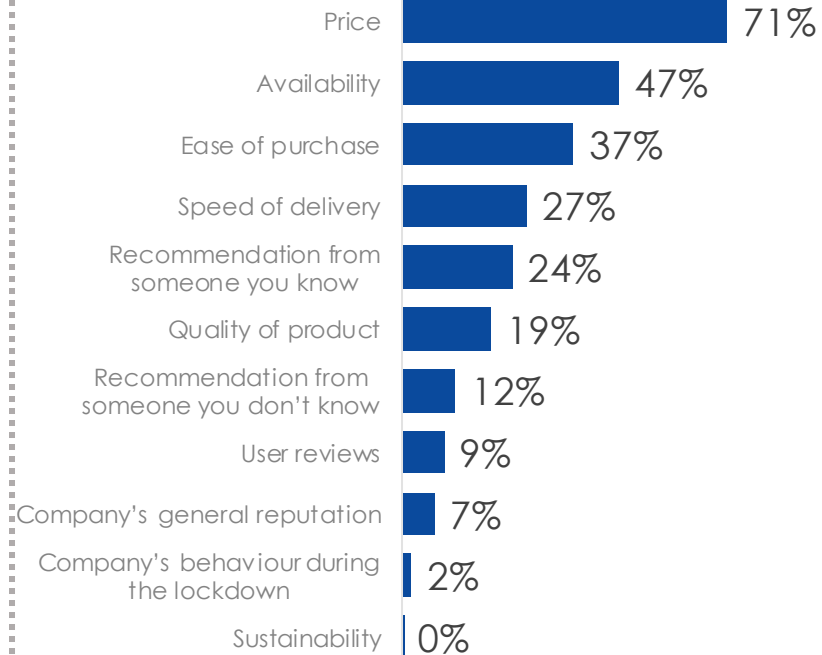
### ENTERTAINMENT ELECTRONICS



**52%**  
WHO BOUGHT ENTERTAINMENT  
ELECTRONICS ARE SPENDING  
LONGER RESEARCHING

**7%**  
HAVE BOUGHT DURING  
LOCKDOWN

### CONSOLE GAMES



**27%**  
WHO BOUGHT CONSOLE GAMES  
ARE SPENDING LONGER  
RESEARCHING

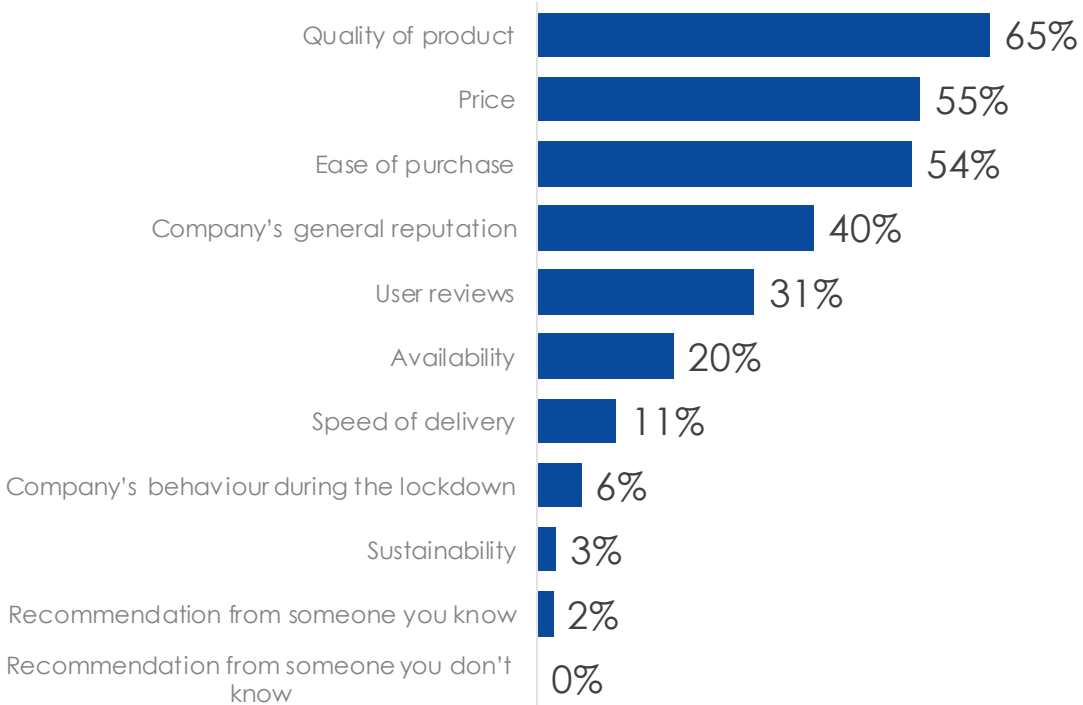
**7%**  
HAVE BOUGHT DURING  
LOCKDOWN



# PURCHASE CONSIDERATIONS

## HOMEWARE

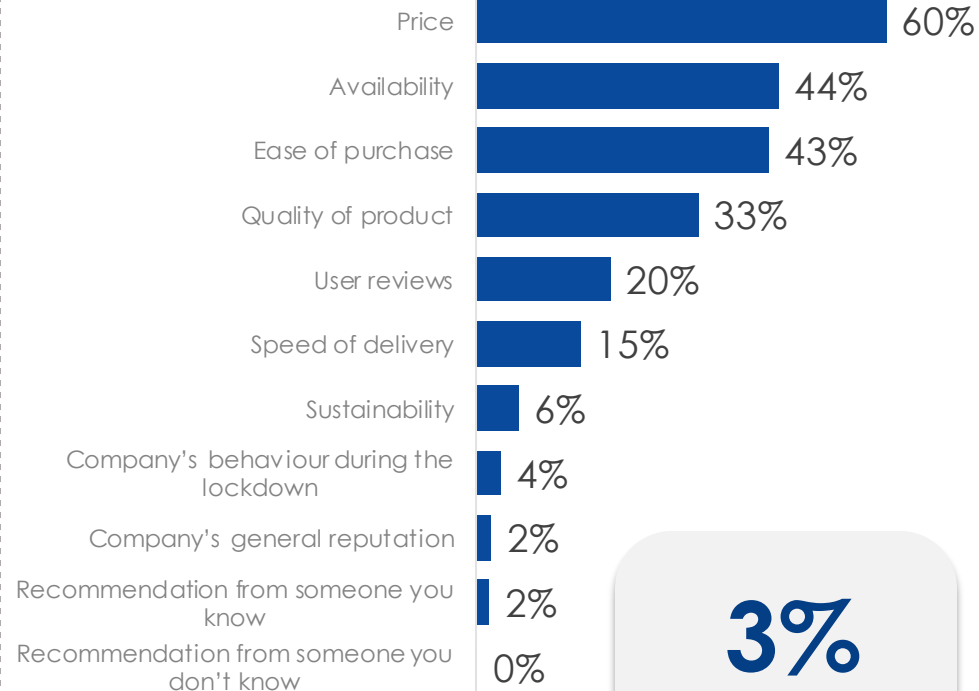
### FURNITURE



**47%**  
WHO BOUGHT FURNITURE ARE  
SPENDING LONGER  
RESEARCHING

**5%**  
HAVE BOUGHT DURING  
LOCKDOWN

### KITCHEN EQUIPMENT



**59%**  
WHO BOUGHT KITCHEN  
EQUIPMENT ARE SPENDING  
LONGER RESEARCHING

**3%**  
INTENDED TO BUY PRE  
LOCKDOWN

**11%**  
HAVE BOUGHT DURING  
LOCKDOWN

# PURCHASE CONSIDERATIONS

## SPORTS & EXERCISE

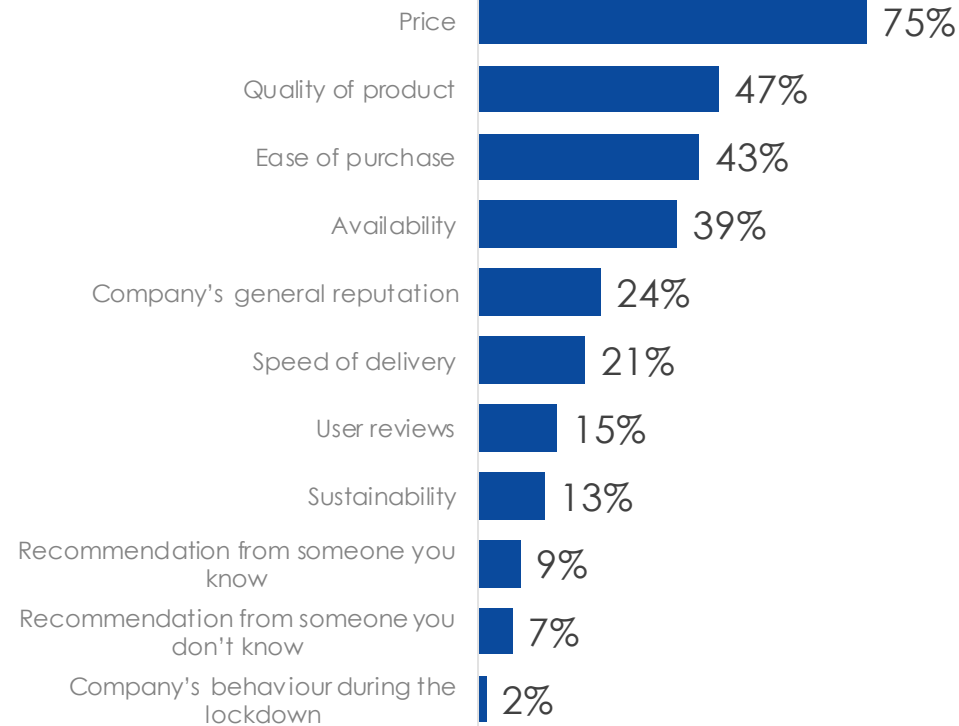
### GYM EQUIPMENT



**47%**  
WHO BOUGHT  
GYM EQUIPMENT ARE SPENDING  
LONGER RESEARCHING

**4%**  
HAVE BOUGHT DURING  
LOCKDOWN

### SPORTSWEAR

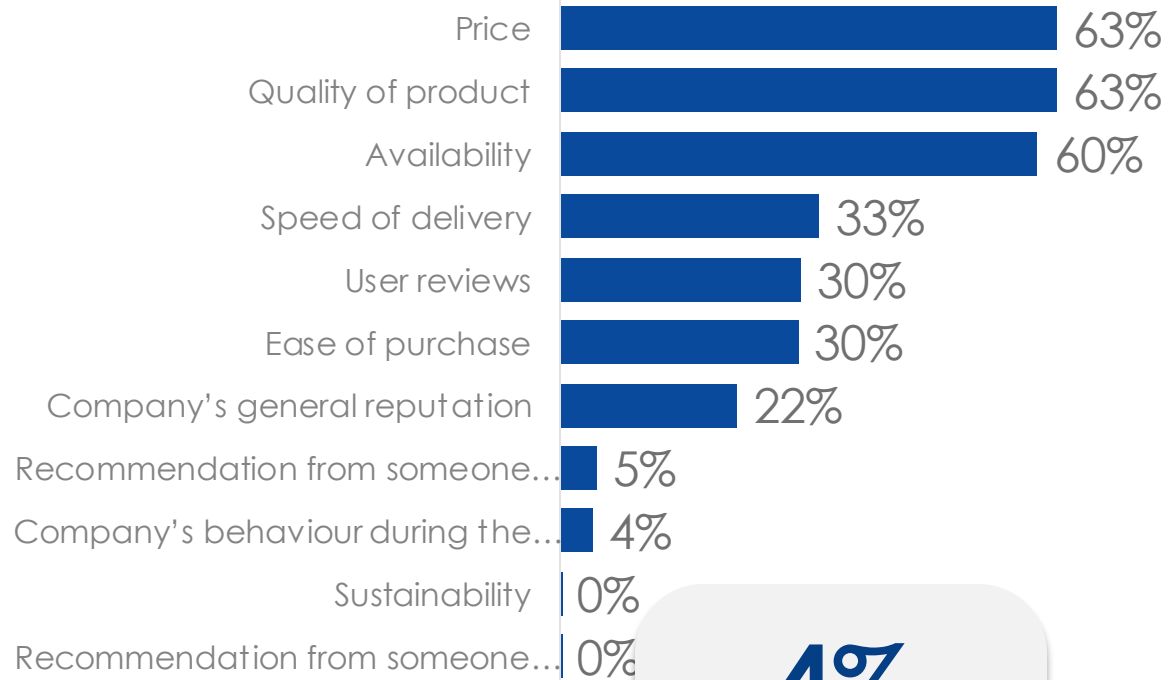


**49%**  
WHO BOUGHT SPORTSWEAR ARE  
SPENDING LONGER  
RESEARCHING

**7%**  
HAVE BOUGHT DURING  
LOCKDOWN

# PURCHASE CONSIDERATIONS

## COMPUTER EQUIPMENT



**45%**  
WHO BOUGHT COMPUTER  
EQUIPMENT ARE SPENDING  
LONGER RESEARCHING

**4%**  
INTENDED TO BUY PRE  
LOCKDOWN

**5%**  
HAVE BOUGHT DURING  
LOCKDOWN





# PURCHASE CONSIDERATIONS

## MOBILE PHONE / EQUIPMENT



**31%**  
WHO BOUGHT  
MOBILE PHONE/ EQUIPMENT ARE  
SPENDING LONGER  
RESEARCHING

**3%**  
HAVE BOUGHT DURING LOCKDOWN



# PURCHASE CONSIDERATIONS

## FINANCE & INSURANCE

### FINANCIAL PRODUCTS



**39%**  
WHO BOUGHT FINANCIAL  
PRODUCTS ARE SPENDING  
LONGER RESEARCHING

**2%**  
HAVE BOUGHT DURING  
LOCKDOWN

### INSURANCE PRODUCTS



**28%**  
WHO BOUGHT INSURANCE  
PRODUCTS ARE SPENDING  
LONGER RESEARCHING

**5%**  
INTENDED TO BUY PRE  
LOCKDOWN

**4%**  
HAVE BOUGHT DURING  
LOCKDOWN